

GMSC Results – English Champs Sheffield 2025



	Name	Age	Event	Time	Place	SWR**	Scot/Welsh
1	Alex D	38	50m Free	27.98	18 th		
			800m Free	10:06.79	4 th		
2	Bethan	52	200m Bk	02:44.79	2 nd		
			100m Free	01:10.52	7 th		
			100m Bk	01:16.79	4 th		
3	Colin	67	100m Free	01:01.97	1 st		
			200m Free	02:20.32	2 nd		
			400m Free	05:05.78	2 nd		
			100m IM	01:15.74	3 rd		
			50m Free	27.86	1 st		
4	Jess	50	1500m Free	19:09.80	1 st	20:42.60	
			400m Free	04:52.55	1 st		
			200m Fly	02:44.33	2 nd	03:17.50	
5	Jayne	71	1500m Free	24:12.32	1 st		
			200m Free	02:54.77	2 nd		
			400m Free	06:06.30	3 rd		
			100m IM	01:37.07	1 st	01:40.86	
			200m IM	03:27.95	1 st	03:36.59	
6	John A.	66	50m Fly	37.90	11 th		
			100m Free	01:13.64	9 th		
			100m IM	01:25.82	8 th		
			50m Free	32.60	8 th		
7	Luke P	37	100m Free	54.32	3 rd		
			200m Free	02:01.76	4 th	02:06.73	
8	Luke W-K	41	50m Fly	30.45	14 th		
			100m Free	01:01.93	19 th		
			50m Br	33.20	5 th		
9	Nia	32	400m IM	05:10.84	1 st	05:16.37	05:16.37
			400m Free	04:39.05	2 nd		
			100m Bk	01:10.46	5 th		
			200m IM	02:29.48	2 nd	02:30.43	02:30.43
			200m Fly	02:32.67	1 st	02:34.96	02:34.15
			800m Free	09:44.90	1 st	12:21.05	09:48.80
10	Nick McD.	73	50m Free	36.79	7 th		
11	Ollie W.	50	1500m Free	18:43.08	1 st	20:29.64	
			400m Free	04:46.55	1 st		

			800m Free	09:52.89	1 st	11:22.17	
12	Rob R.	42	50m Fly	27.80	7 th		
			100m Free	56.93	6 th		
			200m Free	02:09.22	6 th		
			100m Fly	01:03.60	10 th		
13	Sandy	61	50m Fly	35.88	6 th		
			100m Fly	01:25.00	4 th		
			100m IM	01:27.06	4 th		
14	Sean K	61	400m IM	05:37.73	3 rd		
			200m Free	02:19.39	5 th		
			400m Free	05:00.91	5 th		
15	Sue S.	55	100m Free	01:16.06	8 th		
			50m Free	24:00.00	11 th		
16	Theo	26	100m Free	50.38	2 nd	50.85	
			50m Br	28.17	1 st		
			100m IM	57.01	1 st	59.51	
		Relay	200m Free	01:53.13		01:54.77	
			200m IM	02:05.90	1 st	02:08.78	
17	Tom M	69	200m Br	03:12.49	4 th		
			50m Br	39.06	4 th		
			100m Br	01:30.21	4 th		
18	TC	83	50m Free	38.36	2 nd		
19	Vicki	36	200m Br	02:36.60	1 st	02:58.88	02:43.22
			50m Br	33.41	2 nd	34.68	33.74
			100m Br	01:11.90	1 st	01:16.67	01:12.61

(SWR** - new records according to currently advertised records)

RELAYS

- 200m Mixed Free Relay 280+ yrs**

Sandy	Nick	TC	Jayne	1 st
34.00	01:10.71	01:49.00	02:26.78	
	36.71	38.29	37.78	
- 200m Mixed Free Relay 200+ yrs**

Luke P	Colin	Sue S	Bethan	8 th
24.44	51.8	01:26.02	01:57.00	
	27.36	34.22	30.98	
- 400m Men's Medley Team 160yrs+**

Luke P	Luke W-K	Rob R	Ollie W	5 th
01:05.09	02:18.88	3;22.43	04:24.85	
	01:13.79	01:03.55	01:02.42	
- Male 200m Medley 280yrs+**

	Colin 37.19	Tom 01:17.04 39.85	John A 01:55.24 37.96	TC 02:34.13 38.89	1 st
5	Female 200m Medley 200yrs+				
	Bethan 35.85	Vicki 01:09.47 33.62	Sandy 01:45.63 36.16	Sue S 02:18.66 33.03	5 th
6	Male 800m Free 160yrs+				
	Theo 01:53.13	Ollie W 04:08.38 02:15.25	Luke P 06:10.13 02:01.75	Sean 08:30.31 02:20.18	1 st
7	Mixed 200m Medley 280yrs				
	TC 47.08	Tom 01:27.13 40.05	Sandy 02:03.82 36.69	Jayne 02:40.08 36.26	1 st 280yrs
8	Luke P 30.13	Luke K 01:03.33 33.20	Nia 01:33.82 30.49	Jess 02:04.85 31.03	5 th 160yrs
9	Male 400m Free 200yrs +				
	Luke P 54.29	Rob 01:51.18 56.89	Sean 02:55.15 01:03.97	Colin 03:56.53 01:01.38	2 nd
10	Male 200m Free				
	John A 32.94	Tom 01:10.05 37.11	Nick 01:47.46 37.41	TC 02:25.96 38.49	1 st 280yrs
11	Theo 23.30	Colin 50.43 27.13	Rob 01:16.27 25.84	Alex 01:43.98 27.71	5 th 160yrs
12	Female 200m Free 200yrs+				
	Jayne 71 35.81	Sandy 61 01:10.71 34.90	Jess 50 01:42.39 31.68	Nia 32 02:10.61 28.22	6 th

Summary 25

* 4 x Welsh Records	Club Points Position	TBA
* 3 x Scottish Records		
* 14 x National Champions		
* 23 x Gold Medals		
* 10 x Silver Medals		
* 3 x Bronze Medals		
* 17 x South West Region Records		