GMSC Results – Royal Navy Meet Results Feb 2025

Name	Age	Event	Time	Place	Meet Record	SWR	Welsh Record
Theo C	26	50m Br	28.24	1			
		50m Fr	23.38	1			
		100m IM	57.46	1	57.89	59.51	
		100m Fr	51.78	1	52.35		
Alex D	38	400m Fr	04:58.26	4			
		50m Fr	28.44	12			
		100m IM	01:15.08	3			
Sian D	39	50m Fr	34.81	3			
		200m Free	02:52.53	2			
		100m Fr	01:18.26	6			
Sandy J	61	100m IM	01:27.49	3			
		50m Fly	36.36	4			
		50m Bk	40.42	3			
Vinita J	68	50m Br	58.93	2			
James L	57	400m Fr	06:20.19	5			
		100m Fly	01:36.80	2			
		50m Fr	32.26	4			
		100m IM	01:25.30	5			
		50m Fly	37.46	4			
		100m Fr	01:12.03	1			
Kezia L	21	100m Fly	01:20.72	2			
		50m Fr	33.14	9			
		200m Free	02:40.49	2			

		50m Fly	34.42	5		
		100m Fr	01:13.01	8		
Micha M	64	100m Fly	01:32.34	1		
		100m Bk	01:28.12	3		01:29.22
		50m Fly	39.00	6		
		50m Bk	40.94	4		
Tom M	69	50m Br	41.05	1		
		100m IM	01:26.81	1		
		100m Br	01:31.46	1		
Geoff Twinning	45	400m Fr	04:37.20	1	04:37.55	
		100m Fly	01:07.88	3		
		50m Br	34.43	5		

Summary

SWR	x1
Welsh Records	x1
Meet Records	x3
Gold	x10
Silver	x5
Bronze	x5