# GB Champs April 2024 Swansea

	GB Champs A	prii 20	24 Swansea	l				Scot
1	<b>Swimmer</b> John Anderson	<b>Age</b> 65-9	<b>Event</b> 100m Free	<b>Time</b> 01:16.04	Place 4 <sup>th</sup>	SWR	GBR	Welsh
			50m Fly	38.60	5 <sup>th</sup>	41.31		_
2	Bethan Bell	50-54	100m Bk 200m Bk	01:17.95 02:48.64	2 <sup>nd</sup> 3 <sup>rd</sup>	01:18.96 02:49.30		
3	Alex Davies	35-39	200m Free	02:21.30	6 <sup>th</sup>			
4	Jo Duberley	50-54	50m Free	30.54	3rd	30.43		
5	Charlotte Frost	20-24	50m Fly 100m Br 50m Br	33.83 01:22.59 36.88	7 <sup>th</sup> 3rd 2 <sup>nd</sup>			
6	Rob Guy	65-69	200m Bk 100m Bk 50m Bk	02:52.65 01:17.94 35.28	1 <sup>st</sup> 1 <sup>st</sup> 1 <sup>st</sup>			
7	Sandy Jones	60-64	50m Fly	36.26	3rd			
8	Nick McDowall	70-74	50m Free	36.55	6 <sup>th</sup>			
9	Ceris McKearney	30-34	50m Fly 50m Bk 50m Free	32.81 37.04 31.02	6 <sup>th</sup> 6 <sup>th</sup> 11 <sup>th</sup>			
10	Micah Morris	60-4	100m Back 400m Free 200m Bk	01:30.61 06:06.45 03:14.18	4 <sup>th</sup> 4 <sup>th</sup> 5 <sup>th</sup>			01:30.70 03:16.42
			200111 BK	03.14.10	5			03.10.42
11	Tom Morrow	65-69	100m Br 200m IM 50m Br 200m Br	01:29.41 03:12.52 40.69 03:14.22	4 <sup>th</sup> 3 <sup>rd</sup> 4 <sup>th</sup> 1 <sup>st</sup>			
12	Kate Nimmo 4	15-49	200m Free	02:32.14	5 <sup>th</sup>			
13	Vicki Payne	30-34	50m Bk 100m Bk	32.86 01:12.13	2 <sup>nd</sup> 2 <sup>nd</sup>	33.06 01:13.50		32.11 01:12.80
14	Luke Pearson	35-9	200m Free 50m Fly 100m Free	02:08.52 27.93 56.37	2 <sup>nd</sup> 6 <sup>th</sup> 2 <sup>nd</sup>	02:15.28		
15	Colin Stephenson	65-9	200m Free 400m Free 50m Free 100m Free	02:24.53 05:17.74 28.53 01:03.75	1 <sup>st</sup> 1 <sup>st</sup> 1 <sup>st</sup> 1 <sup>st</sup>			
16	Jayne Stephenson	70-74	200m Free 800m Free 400m free	02:55.57 12:40.77 06:04.84	1 <sup>st</sup> 1 <sup>st</sup> 1 <sup>st</sup>	03:02.70 13:04.73 06:18.56	06:05.25	

			100m Free	01:20.89	$2^{\text{nd}}$	01:22.36	
			1500m Free	24:13.44	1 <sup>st</sup>	24:52.48	
17	Nia Westlake	30-34	400m IM	05:29.84	1 <sup>st</sup>		
			200m Free	02:19.17	1 <sup>st</sup>		
			200m Fly	02:44.52	$2^{\text{nd}}$		
			200m IM	02:34.03	$2^{nd}$		
			200m Br	03:01.40	1 <sup>st</sup>		
18	Simon Wintle	55-9	100m Back	01:08.42	1 <sup>st</sup>	01:08.84	
			200m Bk	02:32.65	1 <sup>st</sup>	2:34.86 ??	
	Relays						

## 4x100 Medley relay

### Position

	Vicki	Sandy	Michaela	Bethan	
200yrs +	01:11.89	01:40.60	01:35.40	01:11.10	1 <sup>st</sup>

### 4 x 50 mixed free relay

	Colin	Sandy	Tom	Mica	
240yrs +	29.83	34.67	35.96	35.86	3 <sup>rd</sup>

160 mg + 28 70 30 04 28 05 20 12		Alex D	Ceris	Simon	Nia	
100y15 +   20.79   50.04   20.05   29.12	160yrs +	28.79	30.04	28.05	29.12	6 <sup>th</sup>

	Luke	Kate	John.A	Bethan	
200yrs+	27.59	31.23	32.61	31.34	4 <sup>th</sup>

#### 4 x 50 free relay

	Colin	John A	Alex	Luke	
200yrs +	29	32.66	28.61	24.98	2 <sup>nd</sup>

# 4 x 50 medley relay

	Rob	Simon	John.A	Colin	
240yrs +	35.4	33.61	38.49	28.41	1st

	Mica	Kate	Sandy	Jayne	
240yrs +	41.47	42.89	35.76	38.22	1 <sup>st</sup>

	Bethan	Nia	Ceris	Jo.D	
160yrs +	36.04	39.21	31.96	29.87	4 <sup>th</sup>

#### **Overall Scores**

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Ladies	83 points	4 <sup>th</sup>
Men	68 points	10 <sup>th</sup>
<b>National Champs</b>	12	
Medals		
Gold	20	
Silver	10	
Bronze	6	
Records		
GBR	1	
Welsh	2	
Scottish	1	
SWR	13	