## GB Champs April 2024 Swansea

|  | Swimmer | Age | Event | Time | Place | SWR | GBR | Scot Welsh |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1 | John Anderson | 65-9 | 100m Free | 01:16.04 | $4^{\text {th }}$ |  |  |  |
|  |  |  | 50 mFly | 38.60 | $5^{\text {th }}$ | 41.31 |  |  |
| 2 | Bethan Bell | 50-54 | 100m Bk | 01:17.95 | $2^{\text {nd }}$ | 01:18.96 |  |  |
|  |  |  | 200 m Bk | 02:48.64 | $3{ }^{\text {rd }}$ | 02:49.30 |  |  |
| 3 | Alex Davies | 35-39 | 200m Free | 02:21.30 | $6^{\text {th }}$ |  |  |  |
| 4 | Jo Duberley | 50-54 | 50m Free | 30.54 | 3rd | 30.43 |  |  |
| 5 | Charlotte Frost | 20-24 | 50 m Fly | 33.83 | $7^{\text {th }}$ |  |  |  |
|  |  |  | 100 m Br | 01:22.59 | 3rd |  |  |  |
|  |  |  | 50 m Br | 36.88 | $2^{\text {nd }}$ |  |  |  |
| 6 | Rob Guy | 65-69 | 200m Bk | 02:52.65 | $1^{\text {st }}$ |  |  |  |
|  |  |  | 100 m Bk | 01:17.94 | $1{ }^{\text {st }}$ |  |  |  |
|  |  |  | 50 mbk | 35.28 | $1^{\text {st }}$ |  |  |  |
| 7 | Sandy Jones | 60-64 | 50m Fly | 36.26 | 3rd |  |  |  |
| 8 | Nick McDowall | 70-74 | 50m Free | 36.55 | $6^{\text {th }}$ |  |  |  |
| 9 | Ceris McKearney | 30-34 | 50m Fly | 32.81 | $6^{\text {th }}$ |  |  |  |
|  |  |  | 50 m Bk | 37.04 | $6^{\text {th }}$ |  |  |  |
|  |  |  | 50 m Free | 31.02 | $11^{\text {th }}$ |  |  |  |
| 10 | Micah Morris | 60-4 | 100m Back | 01:30.61 | $4^{\text {th }}$ |  |  | 01:30.70 |
|  |  |  | 400m Free | 06:06.45 | $4^{\text {th }}$ |  |  |  |
|  |  |  | 200m Bk | 03:14.18 | $5^{\text {th }}$ |  |  | 03:16.42 |
| 11 | Tom Morrow | 65-69 | 100 m Br | 01:29.41 | $4^{\text {th }}$ |  |  |  |
|  |  |  | 200 m IM | 03:12.52 | $3{ }^{\text {rd }}$ |  |  |  |
|  |  |  | 50 m Br | 40.69 | $4^{\text {th }}$ |  |  |  |
|  |  |  | 200 m Br | 03:14.22 | $1{ }^{\text {st }}$ |  |  |  |
| 12 | Kate Nimmo | 45-49 | 200m Free | 02:32.14 | $5^{\text {th }}$ |  |  |  |
| 13 | Vicki Payne | 30-34 | 50m Bk | 32.86 | $2^{\text {nd }}$ | 33.06 |  | 32.11 |
|  |  |  | 100 m Bk | 01:12.13 | $2^{\text {nd }}$ | 01:13.50 |  | 01:12.80 |
| 14 | Luke Pearson | 35-9 | 200m Free | 02:08.52 | $2^{\text {nd }}$ | 02:15.28 |  |  |
|  |  |  | 50 m Fly | 27.93 | $6^{\text {th }}$ |  |  |  |
|  |  |  | 100m Free | 56.37 | $2^{\text {nd }}$ |  |  |  |
| 15 | Colin Stephenson | 65-9 | 200m Free | 02:24.53 | $1^{\text {st }}$ |  |  |  |
|  |  |  | 400 m Free | 05:17.74 | $1{ }^{\text {st }}$ |  |  |  |
|  |  |  | 50m Free | 28.53 | $1^{\text {st }}$ |  |  |  |
|  |  |  | 100m Free | 01:03.75 | $1{ }^{\text {st }}$ |  |  |  |
| 16 | Jayne Stephenson | 70-74 | 200m Free | 02:55.57 | $1{ }^{\text {st }}$ | 03:02.70 |  |  |
|  |  |  | 800m Free | 12:40.77 | $1{ }^{\text {st }}$ | 13:04.73 |  |  |
|  |  |  | 400 m free | 06:04.84 | $1{ }^{\text {st }}$ | 06:18.56 | 06:05.25 |  |


|  |  |  | 100m Free 1500m Free | $\begin{aligned} & \text { 01:20.89 } \\ & 24: 13.44 \end{aligned}$ | $\begin{aligned} & 2^{\text {nd }} \\ & 1^{\text {st }} \end{aligned}$ | $\begin{aligned} & \text { 01:22.36 } \\ & 24: 52.48 \end{aligned}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 17 | Nia Westlake | 30-34 | 400m IM | 05:29.84 | $1{ }^{\text {st }}$ |  |
|  |  |  | 200 m Free | 02:19.17 | $1{ }^{\text {st }}$ |  |
|  |  |  | 200m Fly | 02:44.52 | $2^{\text {nd }}$ |  |
|  |  |  | 200 m IM | 02:34.03 | $2^{\text {nd }}$ |  |
|  |  |  | 200 m Br | 03:01.40 | $1{ }^{\text {st }}$ |  |
| 18 | Simon Wintle | 55-9 | 100m Back | 01:08.42 | $1{ }^{\text {st }}$ | 01:08.84 |
|  |  |  | 200 m Bk | 02:32.65 | $1{ }^{\text {st }}$ | 2:34.86 ?? |
|  | Relays |  |  |  |  |  |
|  | 4x100 Medley relay |  |  |  |  | Position |
|  |  |  | Sandy | Michaela | Bethan |  |
|  | $200 \mathrm{yrs}+$ | 01:11.89 | 01:40.60 | 01:35.40 | 01:11.10 | $1{ }^{\text {st }}$ |

$4 \times 50$ mixed free relay

|  | Colin | Sandy | Tom | Mica |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| $240 y$ rs + | 29.83 | 34.67 | 35.96 | 35.86 | $3^{\text {rd }}$ |


|  | Alex D | Ceris | Simon | Nia |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| $160 y r s+$ | 28.79 | 30.04 | 28.05 | 29.12 | $6^{\text {th }}$ |


|  | Luke | Kate | John.A | Bethan |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| $200 y r s+$ | 27.59 | 31.23 | 32.61 | 31.34 | $4^{\text {th }}$ |

$4 \times 50$ free relay

|  | Colin | John A | Alex | Luke |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| $200 y r s+$ | 29 | 32.66 | 28.61 | 24.98 | $2^{\text {nd }}$ |

## $4 \times 50$ medley relay

|  | Rob | Simon | John.A | Colin |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| $240 \mathrm{yrs}+$ | 35.4 | 33.61 | 38.49 | 28.41 | 1 st |


|  | Mica | Kate | Sandy | Jayne |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| $240 y$ rs + | 41.47 | 42.89 | 35.76 | 38.22 | $1^{\text {st }}$ |


|  | Bethan | Nia | Ceris | Jo.D |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| $160 \mathrm{yrs}+$ | 36.04 | 39.21 | 31.96 | 29.87 | $4^{\text {th }}$ |

## Overall Scores

| Ladies | 83 points | $4^{\text {th }}$ |
| :--- | :---: | :---: |
| Men | 68 points | $10^{\text {th }}$ |
| National Champs | 12 |  |
| Medals  <br> Gold 20 <br> Silver 10 <br> Bronze 6 <br> Records  <br> GBR 1 <br> Welsh 2 <br> Scottish 1 <br> SWR 13 |  |  |
|  |  |  |

