



**\*\*\*International Honours Board\*\*\***

**FINA World Champions (LCM)**

	<b>Event</b>	<b>AG</b>	<b>Time</b>	<b>Location</b>	<b>Year</b>
Jayne Stephenson	100m Free	65-69yrs	01:15.12	FINA, Gwangju, S. Korea	2019
Jayne Stephenson	800m Free	65-69yrs	12:01.90	FINA, Gwangju, S. Korea	2019

**World Masters Games Champions (LCM)**

Kate Nimmo	200m Free	30-34yrs	02:15.70	Sydney, Australia	2009
Kate Nimmo	400m Free	30-34yrs	04:48.05	Sydney, Australia	2009
Kate Nimmo	800m Free	30-34yrs	09:50.67	Sydney, Australia	2009
Kate Nimmo	50m Backstroke	30-34yrs	32.79	Sydney, Australia	2009
Kate Nimmo	400m IM	30-34yrs	05:35.82	Sydney, Australia	2009
Jayne Ball	800m Free	55-59yrs	11:42.50	Sydney, Australia	2009
Jayne Ball	400m Free	55-59yrs	05:36.35	Sydney, Australia	2009
Jayne Ball	200m Free	55-59yrs	02:41.70	Sydney, Australia	2009
Jayne Ball	100m Free	55-59yrs	01:13.53	Sydney, Australia	2009
Jayne Ball	400m IM	55-59yrs	06:45.05	Sydney, Australia	2009
Colin Stephensen	200m Free	55-59yrs	02:20.12	Turin, Italy	2013
Colin Stephensen	100m Free	55-59yrs	01:00.78	Turin, Italy	2013
Colin Stephensen	50m Free	55-59yrs	27.79	Turin, Italy	2013
Tony Cherrington	2.5K Open Water	75-79yrs	46:20.00	Auckland, N. Zealand	2017
Tony Cherrington	50m Free	75-79yrs	33.92	Auckland, N. Zealand	2017

**FINA World Records**

Heidi Turk	50m Fly	25-29yrs	30.02	Scarborough (SCM)	1986
Heidi Turk	50m Free	25-29yrs	28.02	Scarborough (SCM)	1986
Heidi Turk	100m IM	25-29yrs	01:09.30	Scarborough (SCM)	1986
Heidi Turk	50m Fly	25-29yrs	29.80	Cardiff (SCM)	1987
S.Henderson/M.Turk/J.Whitehouse/H.Turk	Ladies 200m Free Relay	25-35yrs	01:56.75	Cardiff (SCM)	1987

Heidi Turk	50m Fly	25-29yrs	28.99	Gloucester (SCM)	1987
Heidi Turk	50m Free	25-29yrs	27.03	Hereford (SCM)	1987
H.Turk/M.Turk/J.Whithouse/S.Davis	Ladies 200m Med Relay	100yrs +	02:11.68	Hereford (SCM)	1987
H.Turk/M.Turk/J.Toms/S.Davis	Ladies 200m Free Relay	100yrs +	01:57.43	Aberavon (LCM)	1987
H.Turk/M.Turk/J.Toms/S.Davis	Ladies 200m Med Relay	100yrs +	02:13.78	Aberavon (LCM)	1987
Tony Cherrington	200m Free	60-64yrs	02:18.44	Martinique (SCM)	2002
J. Anderson / T. Cherrington / C.Stephenson / O. Barnes	Men's 400m F/S Relay	200yrs +	04:16.00	Cardiff (LCM)	2010
J. Anderson / J. Ball / S. Jones / C. Stephenson	Mixed 400m Mixed F/S	200yrs +	04:29.79	Glasgow (LCM)	2010
S. Jones / S. Leach / J. Ball / K. Nimmo	Womens 800m F/S Relay	160-99yrs	10:09.72	Glasgow (LCM)	2010

### LEN European Champions (LCM)

Heidi Turk	100m Free	25-29yrs	01:01.30	BlackPool	1987
Heidi Turk	200m IM	25-29yrs	02:33.01	BlackPool	1987
Sue Hodge	100m Free	50-54yrs	01:09.13	Millau, France	2003
Jayne Ball	200m Free	55-59yrs	02:44.69	Yalta, Ukraine	2011
Colin Stephenson	100m Free	55-59yrs	59.54	Eindhoven, Holland	2013
Helen Kula-Przewanski	200m Back	55-59yrs	02:50.94	London, UK	2016
Colin Stephenson	100m Free	60-64yrs	01:01.55	Kranj, Slovenia	2018
Colin Stephenson	200m Free	60-64yrs	02:20.54	Kranj, Slovenia	2018

### LEN European Records

Heidi Turk	100m Free	25-29yrs	01:01.30	BlackPool (LCM)	1987
Heidi Turk	200m IM	25-29yrs	02:33.01	BlackPool (LCM)	1987
Heidi Turk	100m Free	25-29yrs	01:00.97	Aberavon (LCM)	1987
Heidi Turk	50m Fly	25-29yrs	29.43	Port Talbot (LCM)	1987
Heidi Turk	100m Free	25-29yrs	01:00.91	Port Talbot (LCM)	1987
Heidi Turk	50m Back	25-29yrs	33.25	Port Talbot (LCM)	1987
Heidi Turk	50m Free	25-29yrs	27.91	Port Talbot (LCM)	1987
J. Anderson / C. Freeman / T. Cherrington / C. Stephenson	Men's 200m F/S	200yrs +	01:48.28	Gloucester (SCM)	2004
J.Anderson / C. Freeman / T. Cherrington / C. Stephenson	Men's 200m F/S	200yrs +	01:48.21	Sheffield (SCM)	2005
C. Stephenson / O. Barnes / P. Smith / J. Anderson	Men's 400m Medley	160yrs +	04:55.52	Cardiff (LCM)	2010
S. Weston / C. Stephenson / P. Smith / O. Barnes	Men's 400m F/S	160yrs +	04:04.37	Gloucester (SCM)	2010
C. Stephenson / O. Barnes / P. Smith / J. Anderson	Men's 400m Medley	160yrs +	04:45.90	Gloucester (SCM)	2010

K. Arkinstall / A. Nicholls / J. Ball / S. Jones	Ladies 400m F/S Relays	200yrs +	05:01.30	Gloucester (SCM)	2010
K. Nimmo / K. Arkinstall / S. Jones / H. Paull	Ladies 400m Medley	160yrs +	05:24.58	Gloucester (SCM)	2010
S. Leach / E. Murray / A. Nicholls / H. Paull	Ladies 400m F/S Relays	200yrs +	05:48.50	Cardiff (LCM)	2010
J. Anderson / J. Ball / S. Jones / C. Stephenson	Mixed 400m F/S Relays	200yrs +	04:21.88	Sheffield (SCM)	2010
K. Nimmo / T. Cherrington / S. Jones / C. Stephenson	Mixed 400m F/S Relays	200yrs +	04:28.61	Leeds (LCM)	2011
J. Ball / C. Stephenson / S. Jones / P. Smith	Mixed 400m F/S Relays	200yrs +	04:16.90	Sheffield (SCM)	2012
S. Hodge / T. Cherrington / J. Ball / C. Stephenson	Mixed 800m F/S Relays	240yrs +	10:22.83	Sheffield (SCM)	2013
J. Ball / T. Cherrington / H. Kula-Przezswanski / C. Stephenson	Mixed 800m F/S Relays	240yrs +	10:12.92	Sheffield (SCM)	2014
J. Ball / D. Leatherbarrow / T. Cherrington / S. Hodge	400m F/S Mixed	240yrs +	05:23.00	Plymouth (LCM)	2018
J. Stephenson / D. Leatherbarrow / T. Cherrington / S. Hodge	200m F/S Mixed	280yrs +	02:14.32	Sheffield (SCM)	2018
Colin Stephenson	100m Free	60-64yrs	00:58.99	Gloucester (SCM)	2018
Jayne Stephenson	1500m Free	65-69yrs	22:59.88	Swansea(LCM)	2019

(Please contact Coach Cooper if you have any further information)