

Gloucester Masters SC Open Meet

Sunday 31 March 2019

at

GL1 Gloucester Leisure Centre, Bruton Way, Gloucester, GL1 1DT

Deck level, 8 lane, 25m pool, 2m constant depth

5 year age bands plus Senior Age Group (18-24)

50/100m all strokes/ 100m I.M. & 400m I.M. / 200m & 400m F/S

Conditions & Programme

1. Closing date for entries: Midnight **Friday 8 March 2019**
2. All events shall be held under ASA laws and technical rules as defined for masters' events.
3. Ages for the Masters Events will be as at 31 December 2019. Competitors in the Senior Age Group must have reached their 18th birthday by the day of the competition.
4. A competitor must be a member of the club he/she represents and may only swim for one club during the competition.
5. All competitors must either be registered with Swim England as category 2 swimmers, Scottish Swimming, Swim Wales equivalent, or have competitive membership of clubs which belong to swimming federations affiliated to FINA.
(Temporary Cat.2 membership of Swim England may be taken out via the on-line entry system.)
6. Electronic entry and payment is via this link: <https://bsbasa.org/meet/GLMWGM19>
A list of entries will be published on our website after the closing date:
<http://www.gloucestermasters.com/>
7. Entries for this meet will be held on a computer. As required by the Data Protection Act, consent to the holding of personal information on computer will be deemed to have been given by the submission of the entry. Personal data will be available for inspection during the meet if advance application has been made to the promoter.
8. Any entries made but not paid for at the closing date will be deemed to be invalid and may not be accepted.
9. Entries will be accepted on a first come, first served basis. We may need to limit entries to the 400m events in order to keep to the time available. Where we close entries early, any entries made but not paid for at that time may not be accepted.
10. All events will be seeded in time classification and decided on a heat declared winner basis.
11. Over the top starts will be used, as required.
12. Awards details will be on the programme.
13. The entry fee will be **£5.50** per event. No refunds or changes will be accepted after the closing date for entries.
14. We reserve the right to make any changes necessary for the smooth running of the meet.

15. The 400m Freestyle and the 400m I.M. events will require re-entry by **10:45am** on the day.
16. By entering you declare that to the best of your knowledge you are physically fit and able to compete and train in Masters Events and Training Sessions and have not been advised otherwise by a Medical Advisor. You therefore exonerate ASA, GCASA, WCASA, GMSC, Officials and Meet Organisers from any injury as a result of your medical condition. You also confirm that you are proficient in the execution, where necessary, of entry dives in accordance with ASA recommendation.

Programme Schedule

Start 11.00	Warm-up: F 10.15, M 10.35	Start 3pm	Mixed warm-up 2.30 approx
Event 1	Mixed 400m f/s	Event 11	Mixed 200m f/s
Event 2	Ladies 50m fly	Event 12	Ladies 100m I.M.
Event 3	Mens 50m fly	Event 13	Mens 100 I.M.
Event 4	Ladies 100m breast	Event 14	Ladies 50m breast
Event 5	Mens 100m breast	Event 15	Mens 50m breast
Event 6	Ladies 50m back	Event 16	Ladies 100m back
Event 7	Mens 50m back	Event 17	Mens 100m back
Event 8	Ladies 100m f/s	Event 18	Ladies 100m fly
Event 9	Mens 100m f/s	Event 19	Mens 100m fly
Event 10	Mixed 400m I.M.	Event 20	Ladies 50m f/s
	Lunch Break	Event 21	Mens 50m f/s

The morning warm up will be split Female / Male allowing 20 minutes for each. Please be prompt for your warm up, leave the pool when requested, and be considerate to other swimmers.