

## Gloucester Masters @ The Great North Swim 2016

A strong contingent from GMSC were in the Lake District for this year's Great North Swim, with the added bonus (?) of the new 10k event for those who don't easily get bored or who have a Channel Swim to prep for. Friday was apparently warm and sunny, but Saturday saw the more usual drizzle return as did Sunday.

### Individual Swims

Name	Race	Time	Age Group	Position			
				Overall	Gender	Age Group	AG/Gender
Kay Arkinstall	1mile	~27		Lost timing chip ☹			
Brian Armstrong	1mile	24:49	50-54	33 of 3155	30 of 1366	2 of 391	2 of 190
Lara Crewe-Hergest	2mile	58:56	45-49	108 of 593	35 of 249	15 of 127	4 of 53
Becky Harker	2mile	51:54	45-49	29 of 593	15 of 249	3 of 127	2 of 53
Penny Hickson	5k	1:34:42	55-59	231 of 586	74 of 245	6 of 32	3 of 10
Lisa Jones	10k	2:25:44	45-49	8= of 216	1 of 59	3 of 37	1 of 11
Anthony Lloyd	10k	3:10:48	60-64	102 of 216	77 of 157	2 of 6	2 of 5
Jonny Rawlings	5k	1:10:04	45-49	9 of 593	8 of 344	2 of 569	2 of 46
Steve Taylor	10k	2:32:35	50-54	18 of 216	15 of 157	4 of 27	4 of 20
Angela Wadley	10k	3:14:59	50-54	117 of 216	28 of	14 of 27	3 of 7
Caroline Wilson	2mile	1:10:40	45-49	388 of 593	143 of 411	56 of 127	15 of 53

\* Note – the database is a bit flakey and they keep adding results! The overall totals may change over time

Several excellent performances from Lisa Jones (AG 1<sup>st</sup> 10k), Angela Wadley (AG 3<sup>rd</sup> 10k), Steve Taylor (AG 4<sup>th</sup> 10k), Penny Hickson (AG 2<sup>nd</sup> 5k), Jonny Rawlings (AG 2<sup>nd</sup> 5k), Becky Harker (AG 2<sup>nd</sup> 2mile), Lara Crewe-Hergest (AG 4<sup>th</sup> 2mile) and Brian Armstrong (AG 2<sup>nd</sup> 1mile).

However, the pièce-de-résistance was the relay, where we (slightly?) overwhelmed the opposition – as can be seen from the results table. The unusual format of three legs seemed to work very well and even though each leg was advertised as being 535m max., it was more like 1000m as it was essentially the 750m course with another 250m straight added to return to the start.

Team		Overall Time	Position		Splits
<b>Gloucester Masters 1</b>	Brian Armstrong	43:55	1 of 22		14:58
	Lisa Jones				14:40
	Jonny Rawlings				14:17
<b>Gloucester Masters 2</b>	Steve Taylor	49:50	2 of 22		14:53
	Becky Harker				16:45
	Anthony Lloyd				18:12
<b>West Country Tarts (aka GMSC 3?)</b>	Amanda Green	53:56	4 of 22		17:16
	Penny Hickson				19:21
	Kay Arkinstall				17:19

So we ended up with a big shiny gold cup – and no clue if we can keep it or if we have to return it for next year.



With 2016 a great success, we are looking forward to 2017's event and the entries are open now. Hopefully more club members will think about taking part in what is undoubtedly the greatest mass participation swim the country – perhaps even worldwide?

See you next year?

Brian