

GMSC in the Lakes, September 2015

Saturday September 5th saw over 600 people converge on the Lake District for the second [Chillswim](#) “Coniston End to End” swim. This 5.25 mile swim, in what is arguably the most beautiful lake in the Lake District, is a test of endurance for most swimmers and saw the fastest complete the course in a fraction over 2hrs and the slowest take 7½ hrs.



There were two entrant from Gloucester Masters this year, Jayne Ball and Brian Armstrong and both were successful in winning their respective age-groups (W60-64; M50-54). Overall Jayne completed the course in 2:40.07 and was 53rd overall and 12th woman finisher; Brian managed 2:16.08 and was 11th overall and 9th man.

Meanwhile in Windermere a week later Rhian Andrews was going one better by undertaking her second One-Way swim down England’s longest lake organised by [MyTriEvents](#). She completed the 10.5miles in 5:23.14, coming 22nd overall and 10th woman finisher and smashing her time from last year.

Lisa Jones also made a foray into the lakes with a 10k swim in Buttermere on September 20th run by [High Terrain Events](#). With a stunning 2:23.54, and even managing a negative split for the second 5k!, Lisa was the fastest of all the 68 competitors and rounded off her open water season with a great victory.