



10K RIVER DART SWIM 5TH SEPTEMBER 2015

Both Penny Hickson and Angela Wadley undertook the task of swimming further than they had ever swum before with water temperature of 13.5 degrees. They swam in tandem both finishing in a very pleasing time of 2 hours 35 minutes.... Would say we had a nice glass of wine to celebrate a great swim, but it was the evening before!!!



3K SANDBANKS POOLE SEA SWIM 12TH SEPTEMBER 2015

Angela Wadley and Jon Coe (Regular Cheltenham Lido Saturday swimmer with GMSC) did the 3k sea swim (although many competitors measured 3.5 on their GPS watches). The swim was under difficult conditions rain/wind prior to the race, with very choppy water. Angela competing the course in 1hr 7m coming 3rd in her age group (50vets) with Jon achieving 2nd in his age group (60vets) with a time of 1hr 37sec.

This goes to show no open water event can be compared to any other similar swims, Angela's swim was 12 mins slower than the same course the year before on a nice sunny calm day!